

The Echo

No. 9-2016 September Santee, CA

The Monthly Newsletter of:

Carlton Hills Evangelical Lutheran Church

St. Columba Episcopal Church

9735 Halberns Blvd., Santee, CA 92071

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Carlton Hills Evangelical Lutheran Church

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Worship Service Sunday 9:00AM

Pastor Rick Schowalter

President: Laura Vaughan

Vice President: Rob Koch

Secretary: Tammy Halloran

Financial Secretary: Bethany Timan

Treasurer: Darrren Tune

*Children & Youth Ministry: Selina
Kaufman*

Trustee: Kris Francis

Parish Education: Robin Perna

Worship: Steve Schmidtke

Stephen Ministry: Ellie Timan

Stewardship: Kim Taylor

Outreach: Nathan Wentz

Organist: Roger Barnes

Choir Director: Marvin Hamilton

St. Columba Episcopal Church

9720 Cuyamaca St., Santee, CA 92071

Worship Service Sunday 11:00AM

Pastor Rick Schowalter

Vestry:

*Bishop's Warden: Ron Goodman, Mimi
Goodman, Russ Sarnecki, Ann Siracusa,
Shirley Wilder*

Stephen Ministry

*Bill Bixby, Mimi Goodman,
Eileen Pierce, Russ Sarnecki,
Shirley Wilder, Ron Goodman*

Eucharistic Ministry

Bill Bixby, Eileen Pierce

Newsletter Editor

*Russ Sarnecki
rsarnecki@cox.net*

Cursillo Rep

Lynn Sarnecki



Pastor's Page

Psalm 30:2-3 "O Lord my God, I cried to you for help, and you restored my health. You brought me up from the grave, O Lord. You kept me from falling into the pit of death."

God is good! All the time God is good!!

This has been an eventful two weeks for me and our two churches.

For Carlton Hills Cindy Ryan died after battling cancer for two years. But she was a fighter!

She was amazing in how she appreciated what life she had left in such a "shining" way. No matter what her cancer took from her she was grateful for what she had left. Not only was she thankful and grateful, she was shining with love and joy over the little things we all take for granted and which over two years was taken from her little by little. When she couldn't walk down stairs because of the pain, she was laughing when she told me she could still go down stairs on her rear end. When she couldn't lift her laundry because of weakness and pain, she glowed with accomplishment that she could throw her laundry ahead of her item by item and still get it done. She was proud that she and her husband Ken found new ways to change her soiled clothes and bed sheets.

Cindy glowed with her love for life while she battled the devastating effects of cancer.

With much the same spirit St. Columba's lost Vicki Scott. Vicki was equally amazing! We knew she had cancer but whenever anyone asked how she was doing, she always said: "I'm fine!" It was a shock when she died because she kept saying: "I'm fine!" Vicki had very poor hearing, but that didn't keep her from coming to church. Vicki often seemed disinterested in worship but it was because she couldn't hear. Some thought she just was not "all there" but I am convinced she just couldn't hear. How do you carry on a conversation or add to a discussion when you can't hear a word being said? I knew first hand this inability of Vicki to hear because I often visited her. She could hear her phone but not the doorbell, so I had to call her on her phone when I arrived at her

home. No amount of ringing the doorbell or knocking on the door could bring her to the door even when I could see through the window that she was in the next room. I could only visit Vicki for about 15 minutes because I had to yell so loud to make her hear me that I became light headed and developed a sore throat.

But I always brought food when I visited Vicki. She loved to eat. Especially sweets! I am not convinced that Vicki would have kept coming to church had it not been that St. Columba's has a wonderful social time with goodies after each worship service.

I also had my own battle with cancer the past several weeks.

On July 22nd I had a prostate biopsy because of a high PSA score on blood tests several weeks before. The results indicated that I have prostate cancer. It was recommended that I have surgery to remove the prostate. Ten years ago I had lymphoma and was successfully treated with chemo therapy. The memories came rushing back. The cancers are not related (thankfully) except for the fact that my surgeon says that someone who gets cancer is more likely to get cancer again. I am not sure why. I do not think anyone does. I am going to have a robotic surgery probably at the end of August or early September. The main concern is whether the cancer has spread. That is my prayer concern. Also there are some nasty side effects to having the prostate removed like incontinence and impotence, but at this time surgery seems the safest choice.

I have been at peace with this cancer. Maybe I am getting good at having cancer. After all, this is my second cancer in ten years and the good thing is that both cancers are treatable. They actually tell me that prostate cancer can be "cured" and few die of prostate cancer.

I just want to be faithful.

I want to follow the example of Cindy and Vicki. I want to be even more grateful for the time and capabilities I have and I want to tell everyone "I'm fine!" More than anything I want to resurrect my prayer from my first experience of cancer where I praise God for his goodness and mercy,

knowing that wherever this battle with cancer takes me, I can be at peace being in our loving God's hands.

Pastor Rick

Attendance For July			
	9:00a.m.	Tue	Total
7/3	81	10	91
7/10	89	11	100
7/17	69	10	79
7/24	69	11	80
7/31	95	11	106
July Finances			
Income			\$14,821
Expenses			\$16,076

Bible Studies for the Fall 2nd and 4th Saturdays in September

These Bible studies will take place at Pamela and David Blyth's at 221 Brookview Court in Santee. We will study Isaiah. Everyone is welcome. Come Saturday, September 10th and 24th at 4:30pm.

Church E-mail Mailings

Would you like to be included on the church e-mail list? Do you want some bit of news e-mailed to the congregation? An e-mail list is being compiled by the church office and you can add yourself to the group list by just dropping a note into the offering plate or calling the church office at 448-1888. If you would like to e-mail something please submit the request in writing after checking with Pastor Rick. All e-mails sent will be sent without listing the e-mail addresses of the others who are receiving the information. This is called a "blind" e-mailing and is meant to protect these addresses from reaching someone who is not authorized to send e-mail to our church members without permission.

Feed the Homeless

Monday, September 5th (Labor Day) 2:30pm we will travel to T.A.C.O. or the Third Avenue Charitable Organization through First Lutheran Church in San Diego to feed about 200-250 homeless or low income people. Let Pastor Rick know if you can go so there is plenty of room in his car.

Senior Lunch

The second Tuesday of the month when you are invited to the Senior Lunch at a local restaurant beginning at 11:30am September 13th at Café 67 at 12381 Mapleview in Lakeside.

Grief Support Group

The grief support group meets the third Saturday of each month. The group will meet Saturday September 17th at 10:00am at Norma Borgeson's at 2149 Hillslake Drive in El Cajon.

Daily Devotions

Would you like to be a part of our church's daily devotions? Just let Pastor Rick or the Church Office know your e-mail address and you can receive the daily devotions via e-mail or stop by the table in the back of the church and pick up last week's list of daily devotions. Most of the devotions are written by Pastor Rick but some are shared by members on the list. If you want to submit a devotion to the list that has now grown to over 120 participants just write to Pastor Rick at SYMCN1@aol.com. What a great way to have Bible study a part of your everyday life a little Scripture at a time.

House Building in Mexico

Through Lutheran Border Concerns

Saturday, October 8th

Save the date and come join us! This will be the 4th house we have built!!

We need to raise at least \$1,850 in donations for materials. Look for a donation board with sticky notes in the back of the church for more opportunities for donations.

Interfaith Ministry with St. Columba's Episcopal Church

At 9720 Cuyamaca Street south of Mast on Cuyamaca

Over the last 2 years Pastor Rick has been preaching weekly at St. Columba's Episcopal Church at 11:00am Sunday mornings. St. Columba's lost their priest to retirement and the ELCA is a "full communion" partner with the Episcopal church, which means among many things that they can share pastors.

During the next year both churches are going to experiment with sharing the same pastor and a cooperative ministry. This would be a cooperation of ministry and not a merger. There would be two separate churches and one pastor. Both churches would remain separate, but they would also benefit from a close cooperation with the other.

This could be a great new direction for our church and we have a year to explore the possibilities of sharing ministry and buildings with each other.

Field Trip to tour Preschool Building

On Friday, September 9th we will meet at church at 3:30pm to carpool to Magnolia Elementary School to see the portable classroom that we will move to our property when it is available. This will be the main classroom space for the new preschool. Those interested in helping to prepare the property for the building next to the present church office and parallel to the Halberns driveway, are welcome to attend to plan the needed preparations. Magnolia Elementary is at 650 Greenfield in El Cajon and you can also meet at the school at 4:00pm.

We are in debt to Vic Bermudes the Food Bank architect for attaining this building for our preschool.

First Communion

First Communion instruction will take place on Saturday, September 10th at 10:00am in the Acts Center. This is a wonderful time for our many camp children who are new to the church, to receive communion instruction. Both parents and children are urged to attend.

Confirmation & God's Gifts Begins

Tuesday, September 6th from 6:00pm to 6:45pm

Rally Sunday

Sunday, September 11th

This is the first day of Sunday School and we will have a volunteer fair on the patio after the worship service for any organization that wants new members for the Fall season. Come and set up a table, bring a poster and be ready to answer questions about your organization.

We are a volunteer church and need your help!!

Children/Youth & Family Ministry

Tuesday Night Events:

Our weekly youth events will start September 6!

Dinner at 5:30 pm- all are welcome!

God's Gifts (pre k & elementary age) at 6 pm

Confirmation (middle school age) at 6 pm

One Salvation (high school and young adult) at 7 pm

First Communion Class:

Saturday, September 10, at 10 am (Parents should plan on staying with their children, and class will last 1 to 1 ½ hours)

Monthly Baby Sitting Night:

Saturday, September 10 from 4-10 pm: dinner, games, movies with One Salvation/Camp staff. \$10 minimum donation per child for the whole night!

Sunday School

Our regular Sunday School curriculum starts back up on Sunday, September 11!

Sunday School teachers are needed! If interested, please see Selina Kaufman or email her at selina.weber@rocketmail.com. There are options to teach Sunday School during the church service, after the service, or both!

Mexico House Building Fund Raiser

We are building our 4th house in Mexico and need your help to raise \$1,850 for building materials. You can help!

On Sunday, September 11th there will be a bake sale in conjunction with Rally Sunday and the Volunteer Fair.

All donations are welcome and all profits will go to building our 4th house in Mexico for a poor family.

Flowers Each Sunday

Would you like to recognize a special event, such as a birthday or anniversary, or honor a loved one by having flowers placed on the altar of the church on Sundays? There is a sign-up calendar in the back of the church. Pick the Sunday or Sundays on which you would like flowers placed and print your name and phone number on the calendar. Call Jean Setzer at 619-449-0785 and tell her if you would like to have an arrangement for \$20.00 or if you will bring your own arrangement. The bulletin will indicate that you have provided flowers for the occasion.

CHELC September Ministers

Coffee Fellowship: Nancy Funick,

Lector: Rob Koch

Greeters: Ruth Schowalter & Jackie Gammon

Communion Assist.: Sara Paulson & Laura Vaughan

Communion Care: Steve Schmidtke

Acolyte: 4- Caleb 11- TBA 18- CJ 28- Austin

Ushers: TBA

Sunday School: 7- Jeffery White 14- Katie Wentz
21- Amanda Botzer 28- Danil Koch

Stephen Minister of the Week:

<u>S. M., Communion</u>	<u>Prayer Loft</u>
4- Nathan	Heather
11- Marian	Ellie
18- Carol	Steve
25- Diedra	Jeanna

Greeting from Dorcas!

Another summer is behind us, and the Fall Ministries at CHLC are in full swing. Dorcas, the woman's circle at CHLC meets the 2nd Saturday of each month at 10:00 in the ACTS Center. Listed below are our scheduled meetings, as well as our calendar of events through the end of 2016. I hope you will join us for our meetings. Our group is small, but mighty. We provide a number of services for both the congregation and the community as a whole.

In example, we have a dedicated group of women who knit or crochet prayer shawls year around. Our children, along with Pastor Rick, bless these shawls before sending them on their way. A lot of times, we do not know the recipients, but they are loved and prayed for as if they were a member of our church family. Please let myself, Charlotte Arthurton, or Pastor Rick know if you are in need of a prayer shawl; they are free of charge.

Meetings and Events

- Sep 10th Planning Meeting
- Sep 17th Woman's Friendship Day
- Oct 8th Planning Meeting
- Oct 16th Potato Bar – a fundraiser to support TACO, our partner in homeless outreach
- Oct 16th November Scarves and Hats for TACO
- Oct 30th Refreshments – proceeds go to our Prayer Shawl fund
- Nov 12th Planning Meeting
- Nov 12th Family Night – Dinner and Craft (Advent Yule Logs)
- Nov 29th Refreshments – proceeds go to our Prayer Shawl fund
- Dec 10th Holiday Party

As you can see, we have a full calendar. Many hands make for light work. I have been greatly blessed by this circle of woman; I hope you will join us.

Pam Meyers, President

Crochet at Church

We meet on the 2nd and 4th Saturdays of each month at 9am (on the 2nd Sat, this is right before Dorcas Circle). Come to learn, from scratch or help with a new stitch, skill, or pattern, or bring whatever project you're working on and come for the fellowship! (If you want to come just for the fellowship and leave off the needlework, we'd love to have you!) Kids are very welcome to learn or to play.

September Anniversaries

10 Thomas & Tammy Halloran
17 Stephanie & Chris Myers
22 Jeffrey & Penny Sallay
25 Tom & Jane Reaney

September Birthdays

1 Emma Hustad
2 Laura Vaughan
3 Sylvia Smith
4 V. Grant
5 Penny Sallay
5 Juliana Avendano
7 Nathan Wentz
8 Thomas Gulliver
9 Joanne Salaz
11 Thomas Reaney
11 Annmarie Holicky
17 Wilbur Taylor
18 Cullen Swift
20 Robert Reid
20 Terri Flores
24 Eleanor Timan
25 Lori Sanderson
28 Randall Catron

If anyone was missed, please call the church office, 448-1888

St. Columba's Happenings

	Sept 4th	Sept 11th	Sept 18th	Sept 25th	
Lector	Lynn	Mimi	Lynn	Eileen	
Chalice	Russ	Bill	Russ	Bill	
Greeter	Bill	Arlene	Bill	Arlene	
Hospitality	Katie	Bill	Judy	Lynn	
Altar Guild	Ellen Katie	Ellen Katie	Ellen Katie	Ellen Katie	

St Columba's Bible Study

The Wednesday evening Bible Study and pot-luck will resume on September 7th. We will gather at 6:00PM for our pot-luck with a starting time of 6:30 for the Bible Study. Bring your favourite bible, and on that night we will discuss how the group would like to proceed. We can resume our Genesis study or begin a different one if so desired. See you there. All are welcome.

Stephen Ministry

Please pray for our Stephen Ministers and for their Care Receivers.

If you or someone you know, is facing a difficult life situation and feel you may benefit from the caring of Stephen Ministry, please contact one of the Stephen Leaders. The care we give is strictly confidential. Contact Ellie Timon, Carol Davidson or Russ Sarnecki to make a referral.

Cursillo Calendar

20 September – Application deadline for Cursillo #139

24 September – Cursillo 139 team meeting at St Phillips, Lemon Grove

1 October – Ultreya, St Matthews, National City 6PM Pot-luck, 7PM Ultreya

8 October – Final team meeting Cursillo 139

20 October to 23 October, Co-ed Cursillo 139 at Camp Stevens, Julian, Ca
Open Closures 4PM

5 November – Day of Deeper Understanding for Cursillo 139

19 November – Grand Ultreya – St Andrews, La Mesa

24 December – Back to the Mountain, Application Deadline

6 January to 8 January – Back to the Mountain

Resource Sharing between CHLC & St. Columba's

We at St. Columba's have been delighted to have the service of Pastor Rick Schowalter as our spiritual leader. He has truly been a godsend for our community. We thank him deeply for the generous giving of his time to care for those of us needing visitations, prayers and console. The recent news of his second battle with cancer reminds us of the station of a Pastor, always giving and caring for the concerns of others. A Pastor's life is difficult, they being subject to our needs as well as their own, but rarely given the same degree of caring they give to the rest of us. We at St. Columba's pray for total recovery this time just as was the case before. We pray for Pastor and Deby during this difficult time.

We also would like to extend the invitation to all CHLC members to partake in bible study, Sunday services, Cursillo and all events with us as we are one big family serving and being served by our awesome God.