

The Echo

No. 10-2016 October Santee, CA

The Monthly Newsletter of:

Carlton Hills Evangelical Lutheran Church

St. Columba Episcopal Church

9735 Halberns Blvd., Santee, CA 92071

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Carlton Hills Evangelical Lutheran Church

9735 Halberns Blvd., Santee, CA 92071
(619) 448-1888

chlc@CarltonHillsLutheran.org
www.CarltonHillsLutheran.org

Worship Service Sunday 9:00AM

Pastor Rick Schowalter

President: Laura Vaughan

Vice President: Rob Koch

Secretary: Tammy Halloran

Financial Secretary: Bethany Timan

Treasurer: Darrren Tune

*Children & Youth Ministry: Selina
Kaufman*

Trustee: Kris Francis

Parish Education: Robin Perna

Worship: Steve Schmidtke

Stephen Ministry: Ellie Timan

Stewardship: Kim Taylor

Outreach: Nathan Wentz

Organist: Roger Barnes

Choir Director: Marvin Hamilton

St. Columba Episcopal Church

9720 Cuyamaca St., Santee, CA 92071

Worship Service Sunday 11:00AM

Pastor Rick Schowalter

Vestry:

*Bishop's Warden: Ron Goodman, Mimi
Goodman, Russ Sarnecki, Ann Siracusa,
Shirley Wilder*

Stephen Ministry

*Bill Bixby, Mimi Goodman,
Eileen Pierce, Russ Sarnecki,
Shirley Wilder, Ron Goodman*

Eucharistic Ministry

Bill Bixby, Eileen Pierce

Newsletter Editor

*Russ Sarnecki
rsarnecki@cox.net*

Cursillo Rep

Lynn Sarnecki



Pastor's Page

Psalm 56:3-4 "But when I am afraid, I will put my trust in you. I praise God for what he has promised. I trust in God, so why should I be afraid?"

According to my surgeon I have been "cured of cancer". That's an amazing statement especially since the last time I had cancer 10 years ago I was told it is "incurable".

My first cancer was Lymphoma. Lymphoma is cancer of the lymph nodes that was diagnosed in November of 2005. I went through several months of chemo-therapy and I have been in remission since. But the cancer is not "cured". It can return.

My recent cancer is prostate cancer. It was "high grade" according to the biopsy, but the prostate was removed from my body August 30th. The surgeon said it looked like it had not spread, but she took out several lymph nodes to biopsy to be sure. She said it would take 3-5 days to get the results. I waited a week and a day. She said she had left a message on my phone. I never got that message. I was becoming more and more afraid of the results the longer I waited. I was thinking that she wanted to find enough time to explain treatment options. Deby was thinking she didn't want to give the bad news over the phone.

Fear ruled!

I left a message with my surgeon's receptionist on Tuesday afternoon wanting to know the results of the biopsy exactly one week after my surgery to remove the prostate. She didn't call me until Wednesday morning. She apologized that I didn't get the voice mail, but since the news was good news, it didn't matter to me. She said I was cured of cancer. She said the prostate was "encapsulated", meaning that the prostate was self-contained. Since all the cancer was removed and it had not spread to the surrounding regions of my body, I was cured.

I have both the prayers of so many people to thank and the skills of my doctors and medical staff. I feel in debt to both.

My General Practice doctor is Dr. Prachi Karnik. I was so grateful that she caught this

cancer early like she did my first cancer. Early detection is vital from a medical standpoint. Cancer spreads and the longer it has to spread the more difficult it is to treat.

When I had my first cancer I went through chemo therapy with another pastor. That pastor died. I asked his wife what kind of cancer he died from and she said it was prostate cancer. Usually you don't die of prostate cancer, if the prostate cancer stays in the prostate. But once the cancer spreads to other parts of the body, it is still prostate cancer and it becomes much more deadly.

That's why I thank Dr. Karnik for my good health. She detected cancer twice in me in its early stages and I have been treated successfully.

I am also thankful to Dr. Dena Engel my surgeon. I heard so many good things about her skills. The fact is that she not only removed my prostate but she also helped my whole digestive system by removing some adhesions which probably developed either because of the surgery I had with Lymphoma or the chemo therapy.

My insides are working better than ever. Actually they probably work so good that I have some leakage problems but that will get better over time.

I am also thankful for the countless people who prayed for me. I kept the prayer shawl close to me knowing it represented those prayers from Carlton Hills and I was truly blessed to be "anointed with oil" and had the laying on of hands on me at St. Columba's. How wonderful to know the prayers of God's faithful are surrounding you. Deby remarked that if the cancer had spread, God would have had a lot of people disappointed in their prayers. Now there was a great joy!

We live our lives in this world with uncertainty. Even though we will all die, we will all get sick, we will all suffer various degrees of physical incapability, we have no idea of the severity or the time when these physical failures will strike. We live by faith and not by sight.

Thanks be to God for his goodness and mercy and healing!! God is not finished with me yet!

Pastor Rick

Attendance For August

	9:00a.m.	Tue	Total
8/7	93	10	103
8/14	72	11	83
8/21	76	10	86
8/28	80	11	91

August Finances

Income	\$10,891
Expenses	\$11,379

Daily Devotions

Would you like to be a part of our church's daily devotions? Just let Pastor Rick or the Church Office know your e-mail address and you can receive the daily devotions via e-mail or stop by the table in the back of the church and pick up last week's list of daily devotions. Most of the devotions are written by Pastor Rick but some are shared by members on the list. If you want to submit a devotion to the list that has now grown to over 120 participants just write to Pastor Rick at SYMCN1@aol.com. What a great way to have Bible study a part of your everyday life a little Scripture at a time.

Bible Studies for the Fall 2nd and 4th Saturdays in September

These Bible studies will take place at Pamela and David Blyth's at 221 Brookview Court in Santee. We will study Isaiah. Everyone is welcome. Come Saturday, October 8th and 22nd at 4:30pm.

Feed the Homeless

Monday, October 3rd (Labor Day) 2:30pm we will travel to T.A.C.O. or the Third Avenue Charitable Organization through First Lutheran Church in San Diego to feed about 200-250 homeless or low income people. Let Pastor Rick know if you can go so there is plenty of room in his car.

Senior Lunch

The second Tuesday of the month when you are invited to the Senior Lunch at a local restaurant. In October beginning at 11:30am, please join us at Jimmy's at 9634 Mission Gorge.

Grief Support Group

The grief support group will meet the third Saturday of each month from now on. There has been a conflict with the Dorcas meeting the second Saturday and this is to accommodate that conflict. The group will meet Saturday, October 15th at 10:00am at Norma Borgeson's at 2149 Hillslake Drive in El Cajon.

Interfaith Ministry with St. Columba's Episcopal Church

At 9720 Cuyamaca Street south of Mast on Cuyamaca

Over the last 2 years Pastor Rick has been preaching weekly at St. Columba's Episcopal Church at 11:00am Sunday mornings. St. Columba's lost their priest to retirement and the ELCA is a "full communion" partner with the Episcopal church, which means among many things that they can share pastors.

During the next several years both churches are going to experiment with sharing the same pastor and a cooperative ministry. This would be a cooperation of ministry and not a merger. There would be two separate churches and one pastor. Both churches would remain separate, but they would also benefit from a close cooperation with the other.

This could be a great new direction for our church and we have a year to explore the possibilities of sharing ministry and buildings with each other.

Ultreya

Are you interested in finding out more about Cursillo? Cursillo is a Christian enrichment and spiritual growth seminar that takes place at a retreat center near Julian over 4 days, Thursday evening through Sunday afternoon. This Ultreya will give you a firsthand experience of what the extended time is like. Please come to the Ultreya, Saturday October 1st at St. Matthew's Episcopal Church at 521 E.8th St. in National City. 6:00pm

Potluck and 7:00pm Ultreya. Everyone is welcomed!!

Rummage Sale

**Saturday, Oct. 29th from 7:00am to 1:00pm.
Also after church on Sunday, October 30th**

Supporting Showers for the Homeless at St. Columba's

What a great idea!! Showers for the homeless at St. Columba's!! This is an expensive new ministry both churches can support through this Rummage Sale.

Please bring donated items beginning (and not before) Sunday, October 23rd or by appointment during the week.

Donated items will be stored in the back of the Acts Center.

Also please consider helping to organize the sale on Friday, October 28th or help with the sale Saturday, October 29th. Contact Mimi Goodman if you want to help at 619-944-8245 or Pastor Rick at 619-249-3352.

Children/Youth & Family Ministry

Tuesday Night Events

Dinner at 5:30 pm- all are welcome!

God's Gifts (pre k & elementary age) at 6 pm

Confirmation (middle school age) at 6 pm

One Salvation (high school and young adult) at 7 pm

Pumpkin Patch Trip

Saturday, September 10, at 10 am (Parents should plan on staying with their children, and class will last 1 to 1 ½ hours)

Sunday School

Sunday School teachers are needed! If interested, please see Selina Kaufman or email her at selina.weber@rocketmail.com. There are options to teach Sunday School during the church service, after the service, or both!

Flowers Each Sunday

Would you like to recognize a special event, such as a birthday or anniversary, or honor a loved one by having flowers placed on the altar of the

church on Sundays? There is a sign-up calendar in the back of the church. Pick the Sunday or Sundays on which you would like flowers placed and print your name and phone number on the calendar. Call Jean Setzer at 619-449-0785 and tell her if you would like to have an arrangement for \$20.00 or if you will bring your own arrangement. The bulletin will indicate that you have provided flowers for the occasion.

CHELC September Ministers

Coffee Fellowship: Nancy Funick,

Lector: Rob Koch

Greeters: Ruth Schowalter & Jackie Gammon

Communion Assist.: Sara Paulson & Laura Vaughan

Communion Care: Steve Schmidtke

Acolyte: 4- Caleb 11- TBA 18- CJ 28- Austin

Ushers: TBA

Sunday School: 7- Jeffery White 14- Katie Wentz

21- Amanda Botzer 28- Danil Koch

Stephen Minister of the Week:

S. M., Communion Prayer Loft

4- Nathan

Heather

11- Marian

Ellie

18- Carol

Steve

25- Diedra

Jeanna

Greeting from Dorcas!

Another summer is behind us, and the Fall Ministries at CHLC are in full swing. Dorcas, the woman's circle at CHLC meets the 2nd Saturday of each month at 10:00 in the ACTS Center. Listed below are our scheduled meetings, as well as our calendar of events through the end of 2016. I hope you will join us for our meetings. Our group is small, but mighty. We provide a number of services for both the congregation and the community as a whole.

In example, we have a dedicated group of women who knit or crochet prayer shawls year around. Our children, along with Pastor Rick, bless these shawls before sending them on their way. A lot of times, we do not know the recipients, but they are loved and prayed for as it they were a member of our church family. Please let myself, Charlotte Arthurton, or Pastor Rick

know if you are in need of a prayer shawl; they are free of charge.

Meetings and Events

- Oct 8th Planning Meeting
- Oct 16th Potato Bar – a fundraiser to support TACO, our partner in homeless outreach
- Oct 16th November Scarves and Hats for TACO
- Oct 30th Refreshments – proceeds go to our Prayer Shawl fund
- Nov 12th Planning Meeting
- Nov 12th Family Night – Dinner and Craft (Advent Yule Logs)
- Nov 29th Refreshments – proceeds go to our Prayer Shawl fund
- Dec 10th Holiday Party

As you can see, we have a full calendar. Many hands make for light work. I have been greatly blessed by this circle of woman; I hope you will join us.

Pam Meyers, President

Crochet at Church

We meet on the 2nd and 4th Saturdays of each month at 9am (on the 2nd Sat, this is right before Dorcas Circle). Come to learn, from scratch or help with a new stitch, skill, or pattern, or bring whatever project you're working on and come for the fellowship! (If you want to come just for the fellowship and leave off the needlework, we'd love to have you!) Kids are very welcome to learn or to play.

October Anniversaries

- 9 Thomas & Linda Gulliver
- 15 Rudy & Terri Flores
- 25 Matthew & Desiree Dinsdale
- 25 Randy & Candy Greenlee
- 31 William & Michelle Gomes

October Birthdays

- 2 Danil Koch
- 11 Sherry Martin
- 12 Sydney Cappas
- 12 Candy Greenlee
- 14 Jeanna Timan
- 15 Jean Sevcik
- 19 Marlene Chertkow
- 20 Donna Hamilton
- 21 Emma Wentz
- 21 Kathleen Darland
- 24 Linda Gulliver
- 24 Stephen Salaz
- 25 Pamela Blyth
- 25 Sara Paulsen
- 27 Charlotte Dravland
- 28 Helen Humphries
- 31 Hanna Hustad

If anyone was missed, please call the church office, 448-1888

TACOS, BRATS AND BEER

LIVE MUSIC

SILENT AND LIVE AUCTIONS

An evening of food, friendship and fundraising

EAT, DRINK AND BE SHARING!

Support social outreach for San Diego's homeless, low-income elderly and working poor

SATURDAY + OCTOBER 15, 2016 + 4PM-7PM

TICKETS: \$35 ADVANCE, \$40 AT DOOR
PURCHASE AT TACOSD.ORG
OR CALL 619-235-9445

♥

CALVARY LUTHERAN CHURCH
424 VIA DE LA VALLE
SOLANA BEACH, CA
92075

Third Avenue Charitable Organization.

The Third Avenue Charitable Organization has been quietly caring for San Diego's less fortunate for over 40 years. Together with our partners, we offer meals, medical and dental care, mental health and legal counseling to hundreds of homeless, low-income elderly and working poor each week.

1430 Third Avenue
San Diego, CA 92101
619-235-9445
info@tacosd.org

St. Columba's Happenings

	October 2nd	October 9th	October 16th	October 23rd	October 30th
Lector	Lynn	Mimi	Lynn	Eileen	Mimi
Chalice	Russ	Bill	Russ	Bill	Bill
Greeter	Bill	Arlene	Bill	Arlene	Russ
Hospitality	Shirley	Ellen	Sandy	Ann	Arleen
Altar Guild	Ellen Katie	Ellen Katie	Ellen Katie	Ellen Katie	Ellen Katie

St Columba's Bible Study

The Wednesday evening Bible Study and pot-luck resumed on Sept 5th. The decision was to study the book of James. The group also decided to continue with the pre service studies on Sundays at 10:00AM. We will continue to study the readings for that day on Sundays. Wednesday potluck is at 6PM followed with our study at 6:30PM. We have occasionally gone to 8PM or later, depending on how into it we get. We are flexible. Materials are provided for this study. See you there. All are welcome.

Cursillo Calendar

1 October – Ultreya, St Matthews , National City
6PM Pot-luck, 7PM Ultreya

8 October – Final team meeting Cursillo 139

20 October to 23 October, Co-ed Cursillo 139 at
Camp Stevens, Julian, Ca

Open Closura 4PM October 23rd

5 November – Day of Deeper Understanding for
Cursillo 139

19 November – Grand Ultreya – St Andrews, La
Mesa

24 December – Back to the Mountain, Application
Deadline

6 January to 8 January – Back to the Mountain

Stephen Ministry

Please pray for our Stephen Ministers and for their Care Receivers.

If you or someone you know, is facing a difficult life situation and feel you may benefit from the caring of Stephen Ministry, please contact one of the Stephen Leaders. The care we give is strictly confidential. Contact Ellie Timon, Carol Davidson or Russ Sarnecki to make a referral.

St. James the Just

St James, the author of the Book of James, and the brother of our Lord Jesus Christ, was widely known as a man of prayer. He spent so much time on his knees, he was fondly referred to as “camel-Kneed”. He was known as a pious man and was respected by Christians and Jews. However in 62 AD the temple leaders began to fear the spread of Christianity under his influence. The temple leaders threatened to kill him if he did not deny Christ. Having been called before the high priest, he continued to preach the gospel, encouraged by shouts of “Hosanna” from Christians in the crowd. Angered by his persistence, the priests and scribes took him to the top of the temple and threw him to the ground. He survived the fall and began praying for his persecutors, but someone in the mob clubbed him to death. Several other Christians in the crowd were also martyred that day. Eight years later, when the temple was destroyed, the historian Josephus named the murder of St James as one of the causes of God’s judgement on Jerusalem.

Carlton Hills Evangelical Lutheran Church

For Pastoral Emergencies:
Call Pr. Rick Schowalter 249-3352 or 258-8775

Church Office:
M-F 9 to noon
Pr. Rick M-Th 9 to noon
Pr. Rick Schowalter 249-3352 (cell) or 258-8775 (home)

October 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 9a Worship & S.S. 10:15a Sunday School 10:30 Bible Study 11a St Columba's Worship	3 2:30pm Feed the Homeless 7p Boy Scouts	4 11:30a Sr Fellowship 6p Steph Min @St. Col 5:30p Dinner 6p God's Gifts/Conf 7p One Salvation	5 7p Choir Practice	6 9a Women's Bible Study (9p Food Bank Mtg @Friends Church) Pastor Rick - PM Off	7 Pastor Rick's day off	8 10a Dorcas Circle 1p Ron Goodman Memorial @CHLC, Reception @Santee Civi Center 4:30p Bible St@Blyth's 221 Brookview Ct, Santee
9 9a Worship & S.S. 10:15a Sunday School 10:30 Bible Study 11a St Columba's Worship	10 7p Boy Scouts	11 11:30a Sr Fellowship @Jimmy's 5:30p Dinner 6p God's Gifts/Conf 7p One Salvation	12 7p Choir Practice	13 9a Women's Bible Study Pastor Rick - PM Off	14 Pastor Rick's day off	15 10a Grief Support Group at Borgeson's 2149 Hillstake Dr, El Cajon
16 9a Worship & S.S. 10:15a Sunday School 10:30 Bible Study 11a St Columba's Worship	17 6p Long Range Plan @ St. Columba's 7p Boy Scouts	18 11:30a Sr Fellowship 6p Steph Min @St. Col 5:30p Dinner 6p God's Gifts/Conf 7p One Salvation	19 7p Choir Practice	20 9a Women's Bible Study Pastor Rick - PM Off	21 Pastor Rick's day off	22 9a Crochet at Church 4:30p Bible Study @the Blyth's 221 Brookview Ct, Santee
23 9a Worship & S.S. 10:15a Sunday School 10:30 Bible Study 11a St Columba's Worship 4p Bishop Installation in Palm Desert	24 7p Boy Scouts PR gone to Prof Leaders Conference	25 11:30a Sr Fellowship 5:30p Dinner 6p God's Gifts/Conf 7p One Salvation PR gone to Prof Leaders Conference	26 7p Choir Practice PR gone to Prof Leaders Conference	27 9a Women's Bible Study Pastor Rick - PM Off	28 Pastor Rick's day off	29 7a-1p Rummage Sale @CHLC for Homeless Min. @St. Col (Collection starts Oct 23 @CHLC after worship)
30 9a Worship & S.S. 10:15a Sunday School 10:30 Bible Study (Rummage Sale cont.) Worship	31 REFORMATION DAY 7p Boy Scouts					