

The Echo

No. 10-2004 October Santee, CA

The Monthly Newsletter of:

Carlton Hills Evangelical Lutheran Church

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Our Mission Statement:

Strengthen Faith in Christ

Enlarge our Hearts

Energize for Mission

Stretch our Minds

A Disease In Our Time

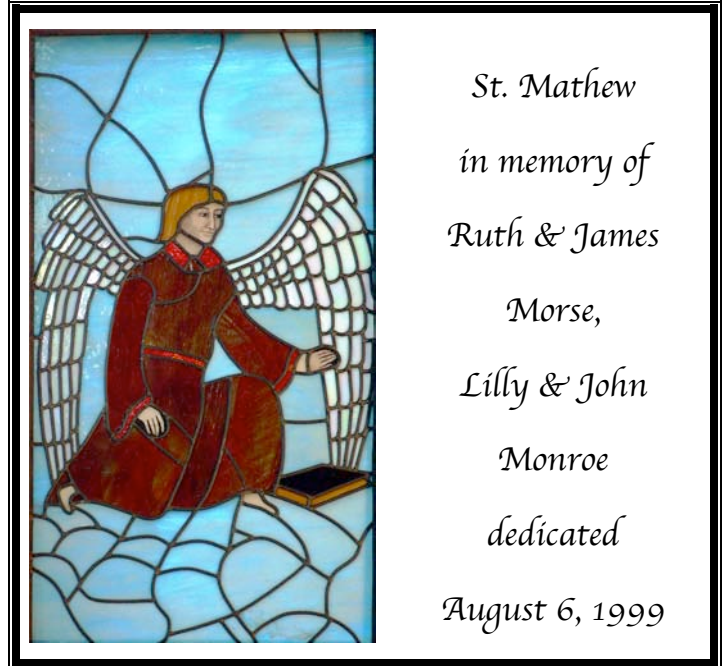
Let me heartily recommend a book—"Hope For The Troubled Heart" by Billy Graham. Graham offers some down-to-earth, practical advice on how to help. "Does someone who is hurting feel free to tell us their problem, to cry on our shoulder, if necessary, to ask for help? Or do we change the subject, tell a joke, or quote a Bible verse to make everything better? Deliberate avoidance is practiced when we don't know what to say. It is an insensitive attitude toward a hurting person. Don't be afraid to approach a person in pain. If he or she doesn't want to talk about it, you'll know. Chances are, they want someone to listen."

Graham also cautions us, "We never gain in life by hurting others. Sometimes we try to elevate our own insecure egos by belittling those around us. Yet this produces only a false sense of self esteem." It is also very important not to be overly critical: "We add to the hurt when we are critical. Criticism has a withering effect upon people, especially our children. They need guidance and correcting, but constant criticism will destroy their spirit and their ability to succeed."

Graham also urges restraint and sensitivity in quoting Scripture: "An overdose of Scripture at the wrong time may do more harm than good. Hearing verses on 'counting trials a joy,' in the midst of someone's difficulty can be like throwing gasoline on a fire. A person needs time to assimilate what has happened, to assess the physical or emotional damage."

Graham counsels a wise understanding of our own place in the process of healing: "Only God's Spirit can truly mend a broken heart, but we can be a part of the healing process. We don't have to be a pastor, or trained counselor to be a comforter. We just need to be available, as Christ is available, to us."

"We are surrounded by hurting people. Some may wear a mask, but underneath the mask can be a multitude of hurts in need of a healing touch. Are we approachable and available, even when we may be hurting, too? God does not comfort us to make us comfortable, but to make us comforters..." Good reading...Pastor Frank



Call Committee

IS IN THE PROCESS of reviewing a candidate whose name was brought by the Synod. This candidate was recommended by someone from the congregation and it was discovered the candidate had already submitted mobility papers to the Synod indicating an interest in a call to a parish other than the one currently being served. After the Call Committee interviews the candidate they will make a recommendation to the Council to either approve the candidate or turn the candidate's name back to Synod. If the candidate is rejected there is no further or future consideration of this candidate, whose name will then be submitted to another congregation. If the Call Committee feels the candidate should be considered by the congregation for a call to serve 3/4 time at Carlton Hills and the Council agrees, Council will call a special congregational meeting to enable the congregation to vote on whether to accept or reject the candidate. Usually, prior to the congregational meeting, an opportunity is given the congregation to informally meet and ask questions of the candidate. Please keep the Call Committee and Council in your prayers during this important process.

Music and Education

There is a new excitement at the possibility of creating a new school of music at Carlton Hills. There are still many decisions to be made and this is in no way a decision that has already been made, but let's consider the possibilities and see where God leads us.

A key in making this decision will be answering the question, "Why a school of music?"

The immediate answer is that this is where the greatest needs are in the community. Carlton Hills must be in the business of meeting needs and the public school system has at best drastically cut back in their music programs and at worse has abandoned music and the arts altogether. Further, music is intimately associated with faith and worship and a school of music can also be a powerful vehicle of faith development.

There is another reason that was brought to my attention.

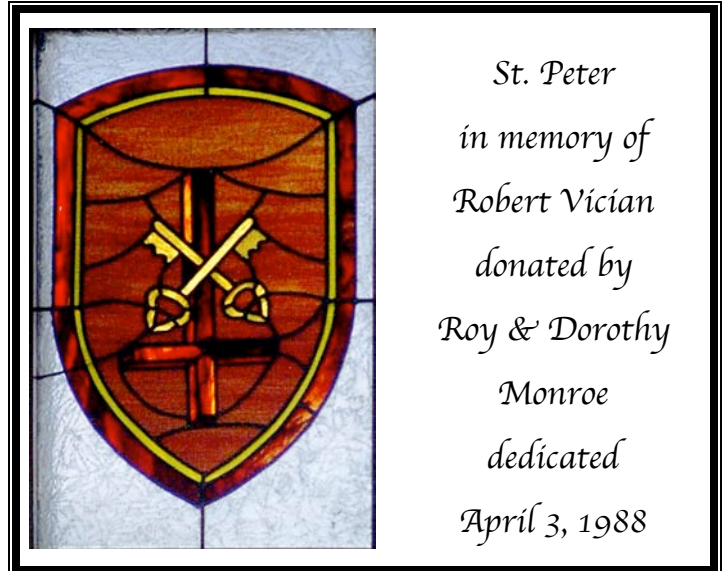
I recently read an article that explains the research behind music and art being an asset to learning. The article was entitled, "How music helps us learn" and it was written by Jane Dixon for the magazine, "Fundraising & Edutainment Guide". Yes, that's a correct spelling. This is the article's main points found in available research:

- Music and art make the learning environment more stimulating, exciting and fun
- Music and art can be a source of inspiration to help the student cope with life's ups and downs
- Music and art foster creativity and innovation which are required for institutions and people to adapt and change
- Creative industries are one of the fastest growing industries in the country
- Arts reach students who are not otherwise being reached
- Often 'problem' students become high achievers in arts learning settings
- The arts connect students to themselves and others

- Art education allows students to take creative risks
- Music enhances spatial learning and even increases IQ scores
- Music increases the student's self-concept
- Music students are better at math and language

There is research to support all of the above. What a blessing this church could be in adding music and art to the education of the children of our community. Please pray for God's direction as we look for wisdom in knowing how best to serve our Lord in this community and pray for courage to venture out in faith.

Pastor Rick



Box Score			
Needed for Budget thru 9/19			\$99,300
Received thru 9/19			\$106,100
AHEAD			\$6,800
Budget Expenses thru 9/19			\$98,200
		'04	'03
Avg. weekly attend.	Jan	106	126
	Feb	112	124
	Mar	123	126
	Apr	141	148
	May	121	139
	Jun	128	112
	Jul	103	94
	Aug	99	92

Hi Youth

Here are some events the youth at Carlton Hills are considering participating in. If you would like more information please contact Pastor Rick at 258-8775 or 249-3352.

Sunday, October 17th
The Bridge

The Bridge is a city-wide Lutheran youth Bible study and discussion that meets at Our Saviors Lutheran Church on Ohio in San Diego. Meet at church at 2:30pm and return by 5:30pm.

Sunday, Nov. 14th and January 16th
The Tide

The Tide is a city-wide Lutheran youth worship that meets also at Our Savior in an Diego. This worship is led vocally by Bethany Timan and Krissy Naour. Meet at CH at 2:30pm and return by 5:30pm. At the first Tide the were 75 people there from 10 congregations.

Saturday, Oct. 23rd
Six Flags Magic Mountain

Do you like roller coasters? We will leave early and get back late. Let Pastor Rick know if you want to go. It's just pure fun.

January 7-9
Construction Zone

We will take a coach bus to Phoenix, Arizona and participate in a work camp that will include a nationally known guest speaker and wonderful times of worship. The cost will be \$170.00 for the weekend. We are looking for people from the church who are willing to sponsor our youth on this trip.

March 4-6
Peer Ministry Retreat

The Peer Ministry Retreat will again be held at Incarnation in Poway and it is required of anyone who wants to be on the Camp Hope summer staff. The cost is \$50.00.

October Sunday School Lessons/Schedule

October 3rd

Luke 17:5 The apostles said to the Lord "Increase our Faith!"

Lesson: **Jennifer Brown** (Questions of faith) –
How can my faith grow?

Mustard Seed Story

Noah's Ark

Craft: **Kim Naour** (plant flowers)

October 10th

Luke 17:19 Then Jesus said to him, "Get up and go on your way, your faith has made you well."

Lesson: **Neil Johnson** (Pray for Sick)

Pray for those who are ill, but all won't be healed, there is life after death

Craft: **Shellene Quintanilla** (Balloon Prayers)

October 17th

Luke 18:1 Jesus said, "Pray always and do not get discouraged."

Lesson: **Jean Setzer** (Moses and Pharaoh)

Learn what's behind the words to the song "Pharaoh Pharaoh" (attached)

Craft: **Sara Paulsen** (Norma to make)

October 24th

Luke 18:14 All who are proud will be humbled, but all who humble themselves will be praised.

Lesson: **(May Hustad)** (Ruth and Naomi)

Don't brag.

Say something good about someone else (at Sunday School)

Craft: **Norma Borgeson** (Love letters)

October 31st

No Sunday School Youth Worship

Youth Service October 31st

Did you enjoy the Confirmation service last June? The talented youth at Carlton Hills have been working hard every week to lead a Youth Worship on Sunday, October 31st.

Please come and support our youth. Tell others about how meaningful this worship is for all ages.

A Note From Our Seminarian

Greetings from Gettysburg! I've been a LTSG (Lutheran Theological Seminary at Gettysburg) resident for a month now, and it feels like another home to me. I've found a wonderful friend in Lucy, another first year (or Junior, as we're called around here) who lives down the hall from me. I loved Summer Greek (a two-week Greek intensive), and now I'm settling into my regular fall schedule. School has been keeping me pretty busy so far, and it promises to get busier. I am still full of the exuberant joy that comes from the blessing of being called to this place.

I was recently assigned to my Teaching Parish, where I will learn to observe and analyze a congregation within a different context and learn to view a congregation as a future church leader. I am fortunate to be placed at St. Paul Lutheran in Biglerville, only 7 miles north, with Pastor Karen Minnich-Sadler. She will be my Mentor over the coming year, and I ask you to please keep both St. Paul and Pastor Karen in your prayers.

Thank you again for the scholarship that you, the members of CHLC, have given me. That tremendous gift paid not only for my fall tuition but my fall housing as well. Everyone I have shared the story with, both students and administration alike, are amazed at your outpouring of love and generosity and thank God along with me. God has blessed me with you and

through you, and I am grateful to know and have been raised in such a wonderful Christian community. My prayers are with you as you move through the call process, discerning God's plan for Carlton Hills Lutheran. Love, Keri

(Keri's address: 61 Seminary Ridge, Gettysburg, PA 17325)



Keri in clerics, worn to her Teaching Parish where she is "Reverend Seminarian."

Spotlight on Hymns

"A Mighty Fortress Is Our God"
LBW #229

Author: Dr. Martin Luther, 1483-1546

*"A mighty fortress is our God,
A bulwark never failing;
Our helper He, amid the flood
Of mortal ills prevailing"*

The best known of Martin Luther's hymns, this hymn has been called the "Battle Hymn of the Reformation". Since October 31 commemorates Reformation Sunday, we turn our spotlight on "Mighty Fortress Is Our God" this month.

Martin Luther was born on November 10, 1483 in Eisleben, Saxony, Germany. He was educated at the University of Erfurt, and later became an Augustinian monk, teaching philosophy and theology at the University of



Wittenberg. On October 31, 1517, Martin Luther nailed his ninety-five theses to the door of the Cathedral of Wittenberg, Germany, effectively beginning the Reformation. These theses condemned various practices and teachings of the Roman church.

One of the important benefits of the Reformation Movement was the rediscovery of congregational singing. Luther had strong convictions about the use and power of sacred music. He wrote,

"If any man despises music, as all fanatics do, for him I have no liking; for music is a gift and grace of God, not an invention of men. Thus it drives out the devil and makes people cheerful. Then one forgets all wrath, impurity and other devices."

Luther also wrote,

"I would allow no man to preach or teach God's people without a proper knowledge of the use and power of sacred song."

The single most powerful hymn of the Protestant Reformation Movement was Luther's "A Mighty Fortress Is Our God," based on Psalm 46, and written in the midst of a world in collapse and change. It has been translated into 183 languages, and was used by Felix Mendelssohn as the theme for the final movement of his fifth symphony, which he named Reformation.

One of the most interesting aspects of Martin Luther was his family life. In 1525, Luther married Katharina von Bora, a nun who had fled from a convent in Nimbsch, and was 16 years younger than Luther. Katharina took over the household, particularly the household expenses; it is said that Dr. Luther did not have a clue how to run a household. She also proved herself to be a good housewife and gardener. Luther's household included not only his wife and six children, but also one of Katharina's relatives and, after 1529, six of Luther's sister's children. Luther and his family certainly needed a mighty fortress!

<http://www.reformation.org/fortress.html>

<http://en.wikipedia.org>

<http://www.webedelic.com>

<http://www.luther.de>

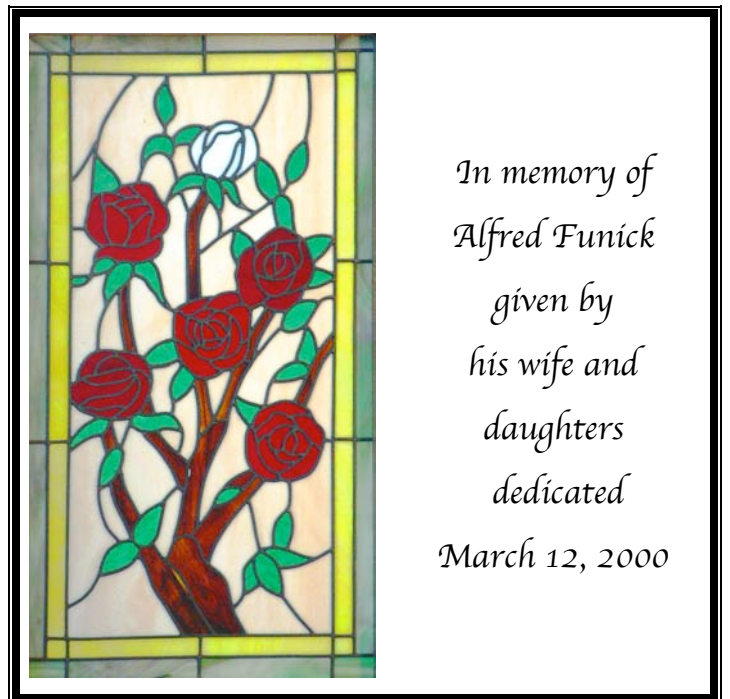
Submitted by Leslie Atkins

Pray Chain

Mary & Bill Thomas will be on vacation in October, Jan Neuhaus will be taking prayer requests in Mary's absence.

Pearls of Wisdom...

- Don't let your worries get the best of you... remember, Moses started out as a basket case.
- The task ahead of us is never as great as the Power behind us.
- The Will of God will never take you to where the Grace of God will not protect you.
- If God is your Co-pilot - swap seats!
- God promises a safe landing , not a calm passage.
- The good Lord didn't create anything without a purpose, but mosquitoes come close.



*In memory of
Alfred Funick
given by
his wife and
daughters
dedicated
March 12, 2000*

Is Applause Appropriate in Worship?

"Clap your hands, all you people." The question of applause in worship is really not as simple as this verse from Psalm 47 would lead us to believe.

We must consider and clearly understand the difference between applause and clapping.

Rhythmic clapping is an essential element in certain music, especially music with roots in cultures other than northern European. As the church explores music from many cultures, we must be open to clapping in worship, whether by a choir or congregation. Clapping, as a part of musical expression, is different from applause.

Liturgically, there are occasional moments when applause is appropriate as an acclamation. Applause can be used to welcome the newly baptized into the community of faith, to greet a newly married couple, or at the installation of Sunday school teachers or council members.

Applause in worship as an outburst of emotion is quite common in some cultures. Applause that would be a common element in worship in many African American communities may not be received in the same way in many predominantly European Lutheran congregations. As American cultures learn to live, work and worship together, we must become more aware of and sensitive to one another's means of expression.

For most congregations with European roots, however, we are focusing on applause that may follow a choir anthem, postlude, or sermon in the regular weekly worship service. In American culture, applause is most often understood as acknowledgment or acclamation of a performance. Therefore, it is very closely linked to entertainment. Americans tend to applaud after all performances, whether they are good or not. At best, such applause may simply be a courtesy.

Some people suggest that applause in worship is really directed toward God and not the performers. But if so, is this really clear to all worshipers, including visitors and children? If the congregation applauds following a choir anthem, are the choir and the congregation really clear that the applause is directed to God? Our culture's emphasis on performance may be too strong to allow such subtlety. What happens when you applaud one week, but not the next?

We live in an entertainment age. The liturgical church emphasizes participation by all, offering a countercultural alternative to worship that is cast as entertainment by a few for the many. In a

secular setting, applause is not a weakness, but it does not function in the same positive way when transferred to the worship setting. Often a musical offering intended to set a reverent mood is disrupted by applause.

Singers of all ages, organists and choirs, must continually remember that our role in worship is to offer praise to God, not to entertain God's people in worship. Those who preach are proclaiming the Gospel, not entertaining. Worshipers, too, should remember that we gather to worship, not to be entertained. Yet, worshipers will often experience the powerful and sincere human desire to thank musicians and preachers for the service they provide to the church. After a particularly fine offering of music, an alternative to applause would be to give thanks to God in silent prayer and personally thank the musician(s).

Handwritten thank-you notes are always appreciated, not only by the choir, music director, organist, and pastor, but also by all those assist in worship in other ways, such as the lectors, acolytes, ushers, greeters, and communion caregivers and assistants.

A most welcome expression of thanks is being sure your pledge or gifts to the church are current. This enables the whole church to function through its budget, and includes our worship, music, Sunday School, outreach to others, etc.

Our choir has purchased a new cantata for the Christmas season and practice will be starting soon. The choir meets in the sanctuary every Thursday evening at 7:00pm. Anyone interested in joining us for the Christmas cantata is welcome!

Adapted from <http://www.elca.org>
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Submitted by Leslie Atkins

All Saints Sunday Worship, Concert and Brunch

On All Saints Sunday (November 7, 2004), Big Easy Jazz Band will be at Carlton Hills Lutheran Church to perform for the worship service and a short concert following it. There will be a finger-food brunch while Easy Jazz Band performs their miniature concert and it will be a “bring a friend” Sunday. There will also be a free-will offering during the brunch, the proceeds from which will go to world hunger and hurricane victims.

The Big Easy Jazz Band has been recording and performing for many years and tailors each performance to the event. They will be playing “When the Saints Go Marching In” and “Amazing Grace” along with other long-time favorites in addition to some songs you have probably never heard before.

So join your fellow congregation members on November 7th for an upbeat, jazzy worship service followed by a brunch and mini concert. Bring everyone you know, as it is sure to be a wonderful event!

Stephen Ministry Is *Your* Ministry

You play an important role in our Stephen Ministry. Here’s what you can do:

- **Pray** for God to bring hope and healing to hurting people through our Stephen Ministry.
- **Accept care** from a Stephen Minister during your time of need. God doesn’t expect you to bear your burdens alone.
- **Tell a friend**, neighbor, coworker, or relative who is hurting about our Stephen Ministry.
- If you are a good listener and a compassionate person, prayerfully **consider becoming** a Stephen Minister.

Spaghetti Dinner

October 10, 2004
5:00-7:00 p.m.

In 1492, he sailed the ocean blue. Christopher Columbus, that is, who undoubtedly ate spaghetti (with one meatball) and garlic bread. He probably skipped his salad even though his mama told him to eat his vegetables.

To further reduce our general church debt, you and your neighbors and friends are invited to a Spaghetti Dinner sponsored by the Dorcas Circle on October 10th. Dinner will be served in the Acts Center from 5:00 to 7:00 p.m. For adequate planning, tickets will be pre-sold or reservations taken following worship service on September 26 and October 3 -- \$5.00 for adults and \$3.00 for children under twelve. Mary and Bill Thomas have gathered together some wonderful door prizes (including 2 passes to Disneyland) to be raffled at the dinner. These wonderful tickets of chance will be sold for 6 for \$5.00. Come and get ‘um. **GOOD FOOD, GOOD FELLOWSHIP AND GREAT PRIZES.**

There will be a sign-up sheet in the back of the church sanctuary for contributions of garlic bread and desserts—for which we thank you!

As they say in Italian “chow”. That means, “see ya” --- not “let’s eat”.

Unfortunately, C.C. will be unable to attend, but everyone at Carlton Hills Lutheran will be there. See you there?



Texts for the Sundays in October

October 3rd 18th Sunday of Pentecost
 Hab 1:1-4; 2:1-4, 2 Tim 1:1-14, Luke 17:5-10
 October 10th 19th Sunday of Pentecost
 2 Kings 5:1-3, 7-15c, 2 Tim 2:8-15,
 Luke 17:11-19
 October 17th 20th Sunday of Pentecost
 Gen 32:22-31, 2 Tim 3:14-4:5, Luke 18:1-8
 October 24th 21st Sunday of Pentecost
 Jer 14:7-10, 19-22, 2 Tim 4:6-8, 16-18,
 Luke 18:9-14
 October 31st Reformation Day
 Jer 31:31-34, Rom 3:19-28, John 8:31-36

October Ministers

Acolyte: 3-
Coffee Fellowship: 3, 10, 17, 24, 31- Nancy
 Funick, Laura Vaughan, Janice Davis
Communion Assist.: 3, 10- Tom Davidson
 17, 24- Sue Lisowsky &
 Christine Goforth 31- Youth
Communion Care: Grace Otto
Edgemoor Hospital Worship: 24- Florence &
 Dusty Hustad
Greeters: 3, 10- Tom & Sue Ellison 17, 24- Cole
 & Marie Freeman 31- Youth
Lector: 3, 10- Joi Comstock 17, 24- Kathleen
 Darland
Stephen Minister of the Day: 3- Ellie Timan 10-
 Ed Teichner 17- Jim Thomas 24-Bill Blue 31-
 Carol Davidson
Ushers: Darrel, Jeanna, Ellie, Bethany & Katie
 Timan, Joi Comstock, Bob Metz & Tommy
 Wiley
Assist. Minister, Sound: TBA

Reel Theology

This month Reel Theology meets at the home
 of Byrna Haynes at 5:00pm on October 3 for
 dinner and to discuss the movie Something's
 Gotta Give, starring Jack Nicholson and Diane
 Keaton. The story is about an older swinger with
 a taste for young women who falls in love with an
 accomplished lady more his age and how his life
 turns around. Watch the bulletin for menu plans
 and signup sheet...Come join us!

Senior Fellowship Luncheon

Sr. Fellowship meets at Valley House in Santee at
 11:30 a.m., Tuesday, October 12th. Join in for
 some good food and wonderful fellowship. For
 more information call either Grace Otto, 440-
 2456 or Nancy Funick, 561-7823.

October Anniversaries

15 Rudy & Terri Flores
 17 Karen & Fred Cooke
 25 Patricia & Stephen Maches
 Jill & David Fehling

October Birthdays

2	Matthew Quintanilla Cody Kramer	11	Sherry Martin
4	Nancy Vickery Carina Vickery Brian Setzer	12	De Hill Sydney Hartman
5	Betty Ward-Fisk	14	Jeanna Timan Nicholas Johnson
6	Ralph Beyer Geri Jones Matthew Priddy	16	Ron Hill Ashley Cooke
7	Mathew Callaway	21	Kathleen Darland
9	Jill Fehling	22	Bruce Potocki
10	Valerie Montague Jacqualine Tonini James Smith	23	Lorena Engelson Chandra Tonini
		25	Sara Paulsen
		27	Steven Maches
		28	Helen Humphries
		31	Robin Judd