

The Echo

No. 3-2015 March Santee, CA

The Monthly Newsletter of:

Carlton Hills Evangelical Lutheran Church

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Psalm 32:1-5

“Oh, what joy for those whose disobedience is forgiven, whose sin is put out of sight! Yes, what joy for those whose record the Lord has cleared of guilt, whose lives are lived in complete honesty!”

When I refused to confess my sin, my body wasted away, and I groaned all day long. Day and night your hand of discipline was heavy on me. My strength evaporated like water in the summer heat.

Finally, I confessed all my sins to you and stopped trying to hide my guilt. I said to myself, ‘I will confess my rebellion to the Lord.’ And you forgave me! All my guilt is gone.”

I love this Psalm!!

When we had the 11:00am worship service we would begin the service by reciting together these words.

We are in the middle of the Lenten season and Lent is a time of penitence. Lent is a time to evaluate our lives and try to move away from our sins and failings and move toward the way of dedication and peace. We all fail! We all have faults! But we do not have to have those failings and faults rule our lives. We can turn from them and ask our Lord to give us both forgiveness and the strength to live a redeemed life.

There is a secular understanding that we should give up something for Lent. I have never been a fan of giving up something for Lent. It seems a trivial way to celebrate Lent. I would much rather have us add something to our lives for Lent. Here are some suggestions:

Let's add prayer to our lives for Lent. The only way to “confess my sins and stop trying to hide my guilt” is to do so through prayer. But we can also pray for others. Pray for healing, for love, for peace in the lives of those around us.

Let's add an appreciation of the wonders of creation to our Lenten time this year. Go for a walk in your neighborhood. Sit in your back yard. Take a stroll through our church gardens. I always remember the Bible verse: “God's eternal power

and deity are clearly perceived in the things that have been made.” If you want to feel close to God, get close to God's creation and take time to appreciate the wonders of creation.

Add words of love to your loved one's lives. Write a note or send a text. Mail a greeting card or just say the words: “I love you!” “I appreciate you!” “I really value who you are!” The words are so often not said and the words of love need to be said.

Add a habit to your life that is healthy. I often said, “Good habits are as hard to break as bad ones”. Try the following: Exercise or right eating, extra sleep or reading a good book. We can add something to our routine that makes our lives better and richer.

Add time alone with those we love. Often we spend time with others and we do not give the ones we care most about the attention they deserve and need. It is not enough to spend time doing things and activities with those we love. It is not enough to add the ones we love to the crowd. Spending time alone with those we value most will give those we love the attention they need and we need.

Add a time of worship. We have mid-week Lenten worship, so we can add a time of worship to our lives even if we already worship every Sunday. We have extra worship opportunities the week before Easter, where there are several opportunities for worship on Maundy Thursday and Good Friday. “God dwells in the praises of His people.”

Add a time of devotion. We have daily devotions in the back of our church or you can sign up for the devotion I write and send out each morning via e-mail. Devotions are a daily reminder of all that God has for us and all God wants to say to us.

Add help to your life. We so often think we are alone to do the work that we are faced with and we don't have to be alone. Find the help you need to take some stress out of your life and your Lent may add a blessing that will follow you through the rest of the year.

Add forgiveness to your life. Life is too short to nurse a bad relationship with inattention. Give healing to your strained relationships by adding some forgiveness during Lent.

There is much we can add to Lent to make our lives new in faith and to have our disobedience to the Lord forgiven. "All my guilt is gone!" The work of Lent is in adding the way of the Lord to our lives and let the healing begin.

Pastor Rick

Finances And Attendance For January

Attendance:

	9:00a.m.	Tue	Total
1/4	63	20	83
1/11	94	21	115
1/18	94	22	116
1/25	97	19	116

January Finances:

Income	\$10,722
Expenses	\$11,850

Senior Lunch

The second Tuesday of the month when you are invited to the Senior Lunch at a local restaurant beginning at 11:30am on March 10th at the Red Lobster in La Mesa.

Thursday Bible Studies

Thursdays in March Pastor Rick is offering a Bible Study. The study is at the Schowalter home at 1630 Whitsett Drive in El Cajon at 6:00am to 6:30am.

Come and join us!

Feed the Homeless Monday, March 2nd

TACO (Third Ave Charitable Organization) Feeds the Homeless at First Lutheran Church, 1430 3rd Ave. in San Diego.

Let Pastor Rick know if you want to help. We will meet in the church parking lot at 2:30p.m.

Church E-mail Mailings

Would you like to be included on the church e-mail list? Do you want some bit of news e-mailed to the congregation? An e-mail list is being compiled by the church office and you can add yourself to the group list by just dropping a note into the offering plate or calling the church office at 448-1888. If you would like to e-mail something please submit the request in writing after checking with Pastor Rick. All e-mails sent will be sent without listing the e-mail addresses of the others who are receiving the information. This is called a "blind" e-mailing and is meant to protect these addresses from reaching someone who is not authorized to send e-mail to our church members without permission.

Daily Devotions

Would you like to be a part of our church's daily devotions? Just let Pastor Rick or the Church Office know your e-mail address and you can receive the daily devotions via e-mail or stop by the table in the back of the church and pick up last week's list of daily devotions. Most of the devotions are written by Pastor Rick but some are shared by members on the list. If you want to submit a devotion to the list that has now grown to over 120 participants just write to Pastor Rick at SYMCN1@aol.com. What a great way to have Bible study a part of your everyday life a little Scripture at a time.

Bible Studies for Winter

- We will have Bible study on the book of Acts on the second and fourth Saturdays of the month
March 14th and 28th
- At the Kaffee Meister in Santee
At 4:30pm
Everyone Welcome!!

Church Council

Sunday, March 15th at 11:00am

Flowers Each Sunday

Would you like to recognize a special event, such as a birthday or anniversary, or honor a loved one by having flowers placed on the altar of the church on Sundays? There is a sign-up calendar in the back of the church. Pick the Sunday or Sundays on which you would like flowers placed and print your name and phone number on the calendar. Call Jean Setzer at 619-449-0785 and tell her if you would like to have an arrangement for \$20.00 or if you will bring your own arrangement. The bulletin will indicate that you have provided flowers for the occasion.

Children's Choir and Chimes

Began on Wednesday, January 21st and continues to meet for the next 10 Wednesdays from 6:00pm to 6:45pm. This is a children's ministry for K-6th graders. This choir and chimes will take the place of our God's Gifts program for this 10 week period. We will meet in the Acts Center.

Wednesday Lenten Suppers and Worship

Suppers at 6:00pm
Worship at 7:00pm

- Wednesday, March 4th: "This World Counts"
- Wednesday, March 11th: "Eternal Life"
- Wednesday, March 18th: "Heaven Is A Place"
- Wednesday, March 25th: "Heaven to Earth"

Holy Week

- Thur April 2nd 7pm Maundy Thursday Worship
- Fri, April 3rd 7pm Good Friday Worship
- Easter Sunrise April 5th at 6:30am Santee Lakes
- Easter Worship April 5th at Carlton Hills 9am
- Easter Breakfast and Easter Egg Hunt to follow

One Salvation

Tuesday 7:00 p.m. to 8:00 p.m.

One Salvation Youth Led Service is an interactive time to share what God is doing in our lives, and how all we do is centered on his word. The message is scripture based with audio-visuals. All youth are welcome Tuesday night's at 7:00 p.m. to 8:00 p.m.

Immediately following One Salvation is a **homework club**.....8:00 p.m. to 9:00 p.m. Youth are encouraged to bring their homework and work collaboratively and/or get support. One of the young adults will be baptized on March 22nd.

Winter Retreat for High School

High schoolers attended the winter retreat at Luther Glen in January. They had an amazing mountain top experience studying the theme Unity.

Make a Joyful Noise Art and Music Camp

July 6, 2015 to July 31, 2015

Camp runs 9:00 to 3:00 daily with before and after care available for a minimal fee. Children age 3 to 14 are welcome. Camp Staff Applications will be available March 1st.

Preschool Committee

Under the leadership of Marian Privett the Preschool committee has been hard at work. This month they visited two Christian preschools for ideas

March Anniversaries

- 1 Daniel & Jessica Blagg
- 15 Darrel & Jeanna Timan
- 19 Jesse Lipscomb & Juliana Avendano
- 19 Robert & Danil Koch

Greetings from Dorcas!

First and foremost, a great big thank you to those of you who supported our many projects in 2014. Thanks to your generosity, we were able to support both TACO, our homeless outreach, and Santee Santa's, providing toys to our most precious community members. Santee Santa's received so many toys in 2014, they were able to box up toys and get a jump start for 2015.

We also served the congregation by hosting potlucks, baby showers, bridal showers, and providing the snacks for fellowship after church.

Listed below is some of our upcoming events as well as our meeting dates. Please join us the 2nd Saturday of each month @ 10:00 for our monthly meeting. As you can see, the only thing missing is you!

- March Lenten Soup Suppers on Wednesdays
- 3/14 Meeting
- 4/5 Easter Brunch
- 4/11 Meeting
- 4/26 Bridal Shower for Selina Weber
- 5/9 Meeting
Baby "Sprinkle" for Katie Wentz
Birthing Kits
- 6/13 Dorcase Spring Luncheon
- 6/21 Father's Day BBQ
- July No Meeting
- August No Meeting
- 9/12 Meeting
- TBD Bridal Shower for Alisa Perna
- October Scarves & hats for Taco on Sundays
- 10/10 Meeting
- 10/11 Taco Bar after 9:00 service
- 11/7 Meeting
- 11/22 Angel Tree – Santee Santa's
- 11/29 Angel Tree – Santee Santa's
- 12/6 Angel Tree – Santee Santa's
- 12/12 Dorcas Holiday Party
- 12/13 Angel Tree – Santee Santa's

March Ministers

Coffee Fellowship: Nancy Funick,
Lector: 1- Skip Taylor 8- Skip Taylor
15- Rob Koch 22- Owen Brown
29- Jayne Reaney

Greeter: Ellie Timan & Ruth Schowalter

Communion Assist.: Arthurton Family

Communion Care: Arthurton Family

Ushers: Darrel & Jeanna Timan, Ellie Timan,
Katie & Nathan Wentz, John Sevcik

Stephen Minister of the Week:

<u>S. M., Communion</u>	<u>Prayer Loft</u>
1- Diedra Zeller	Carol Davidson
8-Steve Schmidtke	Heather Gasner
15- Ellie Timan	Kathy Darland
22- Heather Gasner	Steve Schmidtke
29- Marian Privett	Diedra Zeller

March Birthdays

- 1 Peter Callaway
- 2 Owen Brown
- 3 Allen Chertkow
- 4 Tyler Sevcik
- 6 David Hustad
- 9 Betty Pendergast
- 10 Ronald Dixon
- 10 Jennifer Brown
- 11 Marsha Browne
- 13 Joshua Callaway
- 14 Jason Owens
- 16 Florence Hustad
- 16 Lee Strand
- 16 Matthew Chertkow
- 19 Eric Hustad
- 20 Deanna Sampson
- 21 Fern Gates
- 22 Sharlyn Rocha
- 22 Christopher Salaz
- 23 Jeane Schutza
- 24 Michael Childers
- 24 Stephan Paulsen
- 28 Richard Schowalter
- 28 Sheaele Einfeldt
- 30 Michael Sallay
- 30 Joanne Huber

If anyone was missed, please call the church office, 448-1888

Confirmation Retreat at Luther Glen

