

The Echo

No. 3-2012 March Santee, CA

The Monthly Newsletter of:

Carlton Hills Evangelical Lutheran Church

9735 Halberns Blvd., Santee, CA 92071

Voice/Fax: (619) 448-1888

chlc@CarltonHillsLutheran.org

www.CarltonHillsLutheran.org

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Pastor's Page

Exodus 31:12 “The Lord then gave these instructions to Moses: ‘Tell the people of Israel. Be careful to keep my Sabbath Day for the Sabbath is a sign of the covenant between me and you from generation to generation.’”

We do not make agreements that last from generation to generation. The mortgage on my house has “only” 10 years left. I hope to live long enough to pay it off. My marriage has survived over 35 years. It is probably the most long lasting agreement I have entered into and one I am most proud of, but I expect that one day either Deby or I will fulfill the ending of that agreement with “until death do us part”.

No, I really cannot think of one thing that our children will have to fulfill in agreement with us, let alone that will be an agreement from generation to generation. Unless you count the agreement that the baptized and confirmed agree to in committing themselves to faithfulness to the Sabbath.

In baptism a parent for a child or in adult baptism there is a commitment for the baptized to be brought to or to attend the “services of God’s House”. In the above Scripture Moses is told by God that the agreement or covenant of faith will mean that we must be careful “to keep my Sabbath Day” from generation to generation.

So how do we “keep” the Sabbath Day?

For one thing we worship on Sunday or Tuesday at our church. In the worship service we hear God’s Word from the Bible and I always preach on that Word trying to apply it and understand it. We pray. We hear the message in songs that are sung as hymns or choir anthems. We participate in Holy Communion where the living presence of Jesus is promised with the words “this is my body” and “this is my blood” “do this in remembrance of me”.

But keeping the Sabbath is meant to be more than worship, it is also meant to be a time of rest.

Jewish interpretation of Sabbath rest led the Jewish lawmakers of come up with an elaborate system of laws designed to keep the faithful from working on the Sabbath. The thought was that if the command is to rest, then we must not work. But is it right to turn a command that is meant to be positive into a series of rules that are all negative in nature? Is it right to move

from the command to rest to a series of commands to not work? Is rest simply the absence of work?

Jesus did not think so.

Jesus actually attacked this narrow understanding of the Sabbath. Jesus said “The Sabbath was made for man and man was not made for the Sabbath.” In other words Jesus wanted us to enjoy the rest of the Sabbath and if necessary work to do the good that was intended by the Sabbath command.

Jesus felt the command to rest was meant for our benefit. The command was God looking after us. The command was meant to give us rest not require us to rest.

How is your resting these days?

It seems to me that we are becoming less and less able to rest. It seems to me it is not so much work that keeps us from resting it is anxiety and worry that keep us from resting. We need to rest for our good health. We need to rest to become aware of all the blessings we have. We need to rest to reap the happiness that is already ours when we have such an awful tendency to always want more and never be satisfied.

I enjoy resting by working in my garden or going on walks with Deby. To me rest is what happens when I leave the stresses behind with all their deadlines and I find time to appreciate and even work with the things in life I most value.

Why does God want us to rest for our own benefit? A speaker at the Extravaganza said that we need complete rest so we can see clearly that God can work without us. The speaker said that to work without rest is a form of narcissism and not virtue. In other words when we rest we experience that Jesus is God and we are not. When we rest we release control of our lives in surrender to the presence of God and we come to know the peace that passes understanding where all our fears and anxieties melt away.

Enjoy your Sabbath rest.

Pastor Rick

Finances And Attendance For January

Attendance:

	9:00a.m.	11:00a.m.	Tue	Total
1/1	72	12	12	96
1/8	107	28	18	153
1/15	96	28	43	167
1/22	96	28	16	140
1/29	95	28	25	148

December Finances:

Income	\$18,489
Expenses	\$12,533
Operating Surplus	\$20,491

**THIS IS A GREAT WAY TO START THE
NEW YEAR! THANK YOU FOR YOUR
FAITHFULNESS!!**

Senior Lunch

The second Tuesday of the month you are invited to the Senior Lunch at a local restaurant beginning at 11:30am. On March 19th the lunch will be held at Mimi's Café in Santee.

Church Travel Site

Did you know that we have a church travel site where you can book airline tickets, hotel accommodations and rental cars and for the very best rates available and have a percentage of the dollars you spend come back as a donation to the church.

Go online to benefit yourself and your church:

www.ytbtravel.com/chelc

Sewing

She's a wizard with a needle and thread,
Can produce any garment that pops into your head.
She will assist when alteration or
construction are needed.

She mends, darns, and sews 'til work is completed.
Call Nancy Funick to do your sewing chores.
Her prices are right and satisfaction is your!
(619) 270-7187

Massage Anyone?

Matthew Kassahn from our congregation is looking for clients

Call 619-672-5981 or ask for Matt at
619-741-4164

Stardust Rejuvenating Spa

8209 La Mesa Blvd.

La Mesa, CA 91941

A massage is a great way to let the weight of the world roll off your shoulders

Church Council Meeting At Noon, Sunday March 11th

Church E-mail Mailings

Would you like to be included on the church e-mail list? Do you want some bit of news e-mailed to the congregation? An e-mail list is being compiled by the church office and you can add yourself to the group list by just dropping a note into the offering plate or calling the church office at 448-1888. If you would like to e-mail something please submit the request in writing after checking with Pastor Rick. All e-mails sent will be sent without listing the e-mail addresses of the others who are receiving the information. This is called a "blind" e-mailing and is meant to protect these addresses from reaching someone who is not authorized to send e-mail to our church members without permission.

Thursday Bible Studies

There will be no 6:00am Bible study during Lent.

Also Thursday Bible Study continues at the Schowalter home at 1630 Whitsett Drive in El

Cajon at 7:00pm until 8:00pm. Refreshments are provided. We are studying the Book of Isaiah.

Come and join us!

Monday, March 5th
**TACO (Third Ave Charitable
Organization) Feed the Homeless**

Let Pastor Rick know if you want to help. We meet in the church parking lot at 2:30p.m.

Pastor Gone

Pastor Rick will be gone March 12-15 to the an Emotional Intelligence workshop in Santa Ana at our Synod offices. Our thanks to Belinda Karge who will lead the Lenten worship and give the message on Wednesday, March 14th. Belinda is our most faithful volunteer youth minister and a Professor of Special Education at California State University in Fullerton. Come and hear her message.

Special Music

Marvin Hamilton singing for this month's special music on Sunday, March 11th at the 9:00am and the 11:00am services of worship. Marvin is the music director and the choir director at the 9:00am worship service.

Don't miss it!!

Lenten Worship

Every Wednesday at 7:00pm
Soup Suppers will begin at 6:00pm

- February 22nd Ash Wednesday "The Prophets Proclaim Bad But Forgiven"
- February 29th "The Prophets Proclaim Saved From Destruction"
- March 7th "The Prophets Proclaim Darkness to Light"
- March 14th "The Prophets Proclaim The Spirit of the Lord"

- March 21st "The Prophets Proclaim Their Bodies Will Rise Again"
- March 28th "The Prophets Proclaim Trusting God Alone"

Holy Week:

- Maundy Thursday April 5th 7:00pm Communion and the Celebration of the Last Supper
- Good Friday April 6th 7:00pm The Last Words of Jesus and the Veiling of the Cross
- Easter Sunday April 8th
 - Community Sunrise Worship at Santee Lakes 6:30am
 - One combined Sunday Worship at 9:00am followed by a youth sponsored Easter Brunch

Coin Bags for Lent

Coin bags also known as 30 pieces of silver bags will be distributed so we can participate in an ELCA fundraiser to purchase 200 new wells in Africa. Please take a bag home during Lent and put in all your loose change to help our church purchase 200 new wells for drinking water in Africa.

First Communion Instruction

Those children and parents who would like to participate in First Communion instruction may come to the Acts Center on Saturday, March 10th at 10:00am. First Communion Sunday will be at both worship services Sunday, March 11th.

Hair Stylist Offer

Hello my name is Angela Usher. After moving to San Diego our family joined Carlton Hills after our children enjoyed our summer camp. I always try to find a way to give back to the church what has been given to me and it hit me! I was recently blessed with a wonderful career at Salon Radiance 2, conveniently located in the heart of LaMesa Village. I would like to give 50% off to all CHELC members, and their affiliates for any of my hair care services.

Also I would like to reach out to our seniors who may be home bound and would be happy to come to them and give them \$5 hair services on Monday or Wednesday mornings. Call me directly at 619-922-2891 or come to Salon Radiance 2 at 4753 Palm Ave. LaMesa.

Upcoming Youth and Young Adult Events

One Salvation Youth Led Service

One Salvation, our youth led worship includes interactive time to share what God is doing in our lives, and how all we do is centered on his word. The message is scripture based with audio-visuals. There is fellowship time around the campfire after the worship. This worship opportunity is open to anyone in the congregation. We meet on Tuesday nights from 7:00 to 8:30 p.m. For more information contact Belinda Karge at bkarge@fullerton.edu.

Bible Study opportunities:

Come join us for a morning bible study Wednesday, at 10:00 a.m. in the ACTS center. This study is open to anyone in the congregation. The study book is from the *Women of Faith Series* and costs \$10.00. During this study, attendees pray specifically for the youth of our congregation. Belinda Karge and Stephanie Myers are the organizers of this study.

If you work during the day, come by the church office at 6:00 a.m. Thursday morning for a bible study with Pastor Rick. Or join the Thursday night study at Pastor and Deby's home at 7:00 p.m.

Summer camp

Make a Joyful Noise Art and Music Camp will take place from June 27 to July 13th this year. Plan now to send children preschool to seventh grade. Applications will be available in March. Price has not changed in seven years - \$100 per week and sibling discount is half price.

March Anniversaries

- 12 Fred & Norma Borgeson
- 15 Darrel & Jeanna Timan
- 19 Jesse Lipscomb & Juliana Avendano
- 19 Robert & Danil Koch
- 25 Linda & William Conklin

Celebrating Pastor Rick's 60th Birthday

Deby would like to invite the congregation to a brunch on March 25th after the 9am service for Pastor Rick's 60th birthday. Deby will make cinnamon rolls, along with fruit, eggs and ham. If you want to make a donation, everything collected will go to the kids to support their trip to New Orleans for the National Youth Gathering.

March Birthdays

- 1 Peter Callaway
- 2 Owen Brown
- 3 Allen Chertkow
- 4 Tyler Sevcik
- 6 David Hustad
- 7 Roxana Hokenstrom
- 9 Betty Pendergast
- 10 Jennifer Brown
- 11 Marsha Browne
- 13 Joshua Callaway
- 16 Lee Strand
- 16 Florence Hustad
- 16 Matthew Chertkow
- 19 Eric Hustad
- 20 Deanna Sampson
- 21 Fern Gates
- 22 Sharlyn Rocha
- 22 Christopher Salaz
- 23 Jeane Schutza
- 24 Michael Childers
- 24 Stephan Paulsen
- 28 Richard Schowalter
- 28 Sheaelle Einfeldt
- 30 Michael Sallay
- 30 Joanne Huber

If anyone was missed, please call the church office, 448-1888)

A Second Sunday School Coming

A new sunday school opportunity is being added starting March 4th. The current sunday school during the 9:00am service will remain the same. Go to either or both. The new added sunday school will be from 10:15am until just before the 11:00am service and is open to all kids. Keri Hyles will be teaching and can answer any questions you may have.

March Ministers

Coffee Fellowship: Nancy Funick,
Communion Assist.: 4,11- Laura Vaughan & Sara Paulson
18,25- Jennifer Brown & Sara Paulson
Communion Care: Michelle Gomes
Greeters: 4,11- Taylor Family 18,25- Greenlee Family
Lector: 4,11- Skip Taylor 18,25- Danil Koch
Stephen Minister of the Week: TBA
Ushers: Jennifer Brown, Tom Davidson, Heather Gasner, Susie Rettig, Diedra Zeller

News from TACO!

On January 26, Molina Healthcare recognized community heroes at its fourth annual Community Champions Awards. One of the six heroes recognized was TACO's own Jim Lovell. "Jim Lovell's commitment to the homeless is inspiring," said Lisa Rubino, president, Molina Healthcare of California. "He goes above and beyond to serve our most vulnerable population. Jim is a true hero of the community. I'm proud to call him a 2012 Community Champion."

Jim was nominated by Survivors of Torture, International, and was given a \$1,000 grant which he gave to TACO. Thank you, Jim, for all your work serving the homeless and working poor of downtown San Diego.

Save Saturday, May 12 for Empty Bowls! Look for more details to come or check out TACO's Facebook page at [facebook.com/TACOSDFb](https://www.facebook.com/TACOSDFb). Also, keep your eyes open for details about TACO's Second Annual "Homeless Treasures" Rummage Sale! So hang on to your cast-aways and they'll be given a good home! For information or questions, contact Martha Radatz at 619-575-2845.

Thank you for your support of TACO. We are truly blessed by your congregation's support and prayers.

Peace,
Rachel Line
TACO Volunteer Coordinator